

Child Safe Newsletter

Wyndham Community & Education Centre

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Wyndham
Community &
Education Centre Inc.
Improving lives - Strengthening communities

Dear Parents, guardians & students

I hope you are all coping well in this difficult time working from home and conducting online classes using one of the many platforms available today, and/or helping your own children. This newsletter is going to give all parents, teachers, trainers etc some useful advice and links to sites to help keep your own children and students safe during this time of increased online use.

Lesley Nallawalla
Child Safety Officer

Remember child safety is everyone's responsibility.

6 online safety tips for young people in the 'new normal'

<https://www.esafety.gov.au/key-issues/covid-19/advice-young-people>

- Stay connected with friends
- Manage your mental health in and out of COVID lockdown
- Know how to deal with cyberbullying
- Don't fall for fake news
- Balance your time online; and
- Be cautious about online relationships

The above link has a lot of very helpful information to help young people in the above topics.

Below is a link for younger children with lots of graphics and simple language.

<https://www.esafety.gov.au/kids/be-an-esafe-kid/being-safe-online>

Wyndham CEC's Commitment to Child Safety

Wyndham CEC is committed to preventing child abuse and identifying risks early, and removing and reducing these risks.

Internet and Mobile Phone Safety

The Internet and mobile phones are used by child sex offenders to groom children by accessing information about them and their families; obtaining photos, and developing 'friendships' with children, with the intent of later facilitating sexual contact. These offenders could either be strangers to your child, or someone your child already knows.

So, be aware of your child's use of mobile phones and the Internet, and monitor:

- Who they are communicating with on the Internet.
- What details of their life they are describing and releasing to other people.
- New friendships or increasing secrecy about friends on the Internet.
- Prohibit the sending of photos that are sexualised/involving nudity or sexual acts of any kind, including to their peers. Childwise .org.au

"When someone is cruel or acts like a bully, you don't stoop to their level.

No, our motto is, when they go low, we go high."

Michelle Obama