



Wyndham

Community &
Education Centre Inc.

Improving lives - Strengthening communities

Dear Wyndham CEC Community

As Wyndham CEC's Child Safety Officer my role is to provide advice and raise awareness on child safety. This edition of our Child Safety and Wellbeing Newsletter reflects:

- Free webinars for parents and carers
- Supporting young men to have safe, positive online experiences
- News from Julia Gillard Community College

Wyndham CEC's Commitment to Child Safety

Wyndham CEC has **no tolerance** of child abuse, and all allegations and safety concerns will be treated very seriously and consistently with our policies and procedures.



Term 1, 2025

eSafety parent and carer webinars

Join eSafety's expert education team for a free live webinar designed for parent and carers.

Term 1 topics:

- **Supporting healthy tech use as your child transitions into high school (30 minutes).** For parents and carers of young people in upper primary school (ages 11 to 12) and Year 7.
- **Algorithms and adolescents: The rewards and risks of recommender systems for young people (30 minutes).** For parents and carers of young people in upper primary and secondary school.

For more information and to register now: eSafety.gov.au/parents/webinars



eSafety Commissioner

eSafety.gov.au



Term 2, 2025

eSafety parents and carers webinars

Join eSafety for a free live webinar designed for parents and carers.

Term 2 topics:

- **Understanding and using parental controls to help protect your child online (45 minutes).** For parents and carers of children in primary school.
- **Sexual extortion: What parents and carers need to know (30 minutes).** For parents and carers of young people in upper primary and secondary school.
- **eSafety 101 - how eSafety can help you (30 minutes).** For parents and carers of children and young people in primary and secondary school.



For more information and to register now: eSafety.gov.au/parents/webinars



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You will never regret believing and standing with a child. You will regret when one day that grown child looks you in the eye and says, 'you didn't believe me.' Believe the child.

Paula Goodwin

[Defendsurvivors .org](https://Defendsurvivors.org)

Wyndham CEC's Statement of Commitment

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Supporting young men to have safe, positive online experiences

eSafety has published the latest in a two-part body of research investigating young men and boys' online experiences, drawing on insights from 16 expert practitioners and psychologists who work with young men.

Practitioners observed that:

Being online can be positive for young men, allowing them to express themselves, connect socially and develop their critical thinking skills.

Young men are interested in learning how to become good, kind men, and can be empathetic and think critically.

Young men are feeling defensive, disenfranchised, uncertain, rebellious and lonely.

Harmful online content, creators and communities can appeal to young men by meeting their needs for validation, guidance, edginess and belonging.

Algorithms and recommender systems push harmful content on to young men.

eSafety Commissioner Julie Inman Grant unpacks the findings in [our latest blog](#) and charts a path forward to disrupt harmful online narratives. She states that the onus shouldn't fall entirely to young men to prevent harms themselves. Progress requires a whole-society approach which must include action from the tech sector, support from communities, families, educators and government, and global regulation.

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Webinars for parents and carers

The eSafety Commission is offering a range of free webinars to give parents and carers the knowledge, skills and tools to support their children to have safe online experiences.

[Webinars for parents and carers | eSafety Commissioner](#)

[**Algorithms and adolescents: the rewards and risks of recommender systems for young people**](#)

[**Understanding and using parental controls to help protect your child online**](#)

[**Sexual extortion: What parents and carers need to know**](#)

[**eSafety 101: how eSafety can help you**](#)

[**Download and share: term 1 and 2 topics**](#)

[Parent resources | eSafety Commissioner](#)

[Resources to help protect children from sexual abuse online | eSafety Commissioner](#)

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Helping your family stay safe on devices and apps



New classifications for gambling-like content in video games

The Australian Government has introduced [new classifications](#) to help parents and carers identify video games with gambling-like content. These video games will now be classified M (not recommended for children under 15) or R18+ (restricted to adults 18 years and over). Use classification advice to help choose games that are right for your family.

Google introduces new digital protections

Google is rolling out new [sensitive content warnings](#) that blur images that may contain nudity, and provides a 'speed bump' of resources and options before viewing. The feature is opt-out for users under 18 years, with parental controls for supervised accounts, and opt-in for adults. You can manage this feature via Android settings.

They are also expanding some of the tools in [Google Family Link](#) including introducing School Time to phones and tablets for parents to automatically limit or adjust phone functionality and restrict app access during school hours.

For more tech tips to keep you and your family safe across social media, games, apps and sites, visit the [The eSafety Guide | eSafety Commissioner](#) .

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Keeping Up with a Young Person's Online World

As parents, carers and people who work with young people, we all want to ensure our young people are safe, especially when it comes to their online presence. With the rise of digital platforms, keeping track of what children are doing online has become more important than ever. The success of Netflix's Adolescence show has sparked conversations about how young people navigate relationships, social pressures, and the complexities of digital life. While entertaining, it also highlights the challenges of growing up in an age dominated by social media and online interactions.

Online bullying, fake accounts, and other digital dangers can have a real impact on their well-being. It's essential for parents, the school community and people working with young people to stay vigilant and proactive in helping kids navigate these challenges safely.

Here are a few things to keep in mind:

- **Online Bullying:** Cyberbullying is a serious issue, with children being exposed to negative comments, exclusion, or even threats through social media or online games. It's important to talk openly with your children about their online interactions and encourage them to report any inappropriate behaviour.
- **Fake Accounts and Impersonation:** Fake profiles and impersonation can be a huge concern. Ensure that your child understands the risks of sharing personal information with people they don't know in real life. Also, encourage them to verify accounts and be cautious when adding people online.
- **Instigating Online Bullying and Fake Accounts:** It's not just about being a victim—young people can also be the instigators of online bullying and the creation of fake accounts. Engaging in these behaviours can have serious consequences on their relationships and reputation. It's important to educate your child about the impact of their online actions on others and the long-term effects it can have on their social connections and future job opportunities. Encourage open discussions about empathy, respect, and the consequences of digital behaviour, helping them make responsible choices online.

For more information on how to protect your child and stay informed, here are a couple of resources:

- **eSafety Commissioner (Australia):** The eSafety Commissioner provides valuable advice for parents on how to keep children safe online. Visit www.esafety.gov.au for tips on privacy settings, reporting issues, and digital citizenship.
- **ThinkUKnow:** ThinkUKnow is a national online safety program offering helpful advice for parents, carers, and educators. Learn more at www.thinkuknow.org.au.

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Parents Information Page

Wyndham CEC has a strong commitment to Child Safety in the Werribee Community College as can be seen by the following:

- Wyndham CEC has a designated Child Safety Officer—Lesley Nallawalla.
- If you have any questions she can be contacted on :0409 218 071 or at 20 Synnot St, Head Office



Support Services

- **CHILD FIRST** <https://services.dhhs.vic.gov.au/referral-and-support-teams>
- **ORANGE DOOR** <https://www.vic.gov.au/familyviolence/the-orange-door.html>
- **SUN SMART** <https://www.sunsmart.com.au>

24-hour telephone assistance is available through:

- **Kids Helpline (5 to 25 year olds)- 1800 55 1800**
- **Beyond Blue- 1300 22 4636**
- **Lifeline - 13 11 14**
- **1800 Respect - 1800 737 732**
- **MensLine Australia - 1300 789 978**
- <https://www.esafety.gov.au/>
- If you have been scammed online, visit www.scamwatch.gov.au.
- If you have been a victim of cybercrime, call the Australian Cyber Security Hotline on 1300 292 371 or visit www.cyber.gov.au.

The eSafety Commissioner website also has information to help parents with their children/young people if they are having any concerns or problems with social media or online activity. [CCYP | Resources](#)

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Julia Gillard Community College Student's Page

Learning Beyond the Classroom

Some of the most powerful learning experiences happen outside the classroom and excursions can provide an invaluable chance for students to explore and appreciate their local community, understanding its history, culture, and learn new skills in a way that goes beyond the classroom walls.

Term 1 Excursion overview.

Anthony Barrera (Teacher):

It has been a great having the ability to participate in so many fantastic excursion opportunities this term, providing the students at JGCC with the chance to learn in a different environment which complements their current studies across VPC and VCE-VM units.

Trail Blazers Introduction Session

Trail Blazers Session One – Anthony Barrera:

The Trail Blazers program is a wonderful opportunity delivered in partnership with the Werribee River Association and we have been lucky enough to be a part of it. The first Session was held at Werribee Community Farm and the second session next week we will be visiting Werribee South for a creative arts session, exploring photography, painting and nature writing. The students are very excited.



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Trail Blazers Session One – Lavinia Sior:

“My friends and I really enjoyed our excursion to Werribee Community Farm, First we were welcomed to the land by two Aboriginal elders with a smoking ceremony. After the ceremony we went to have a tour of the farm which was a great experience. We learnt about the history of all the plants, trees and land. We then came back and had Subway for lunch, after lunch we went to have an audio tour experience teaching us about ancient history and beginning of time.”

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Altona Life Saving Club – Open Water Safety Session

LSV – Anthony Barrera:

The Altona Life Saving Club excursion was the second consecutive year of running the program and again we were blessed with a perfect, mid-twenties and sunny day. All of the students participating learned important open water safety tactics, including how to identify rips in the water and dangers around the beach. Both the dry-land and in-water components of the LSV program are fun and insightful and it's been fantastic being able to access this for the students again.

LSV - Blake Powell:

“I really enjoyed the latest excursion to the beach where we learnt about multiple life saving techniques such as CPR and DRSABCD it was a great experience with me and my friends and was good getting to learn more about the lifeguards.”

